



**West of Scotland
Twenty-07 study
Health in the Community**

MRC
Medical Research Council

Who Are We?

We are a group of researchers from the MRC Social & Public Health Sciences Unit based in Glasgow. The MRC (Medical Research Council) was established in 1913 and aims to improve health by promoting research into areas of medical and related science. It is funded mainly by the government but is independent in its choice of which research to support.

What is the Twenty-07 Study?

It is a community-based survey which examines the relative importance of a number of factors which may cause differences in physical and mental health and well being. These include unemployment and marriage and personal behaviours such as diet, exercise, smoking and alcohol consumption.

Why Me?

You may recall that you have helped us in the past by completing a postal questionnaire, an interview with a nurse or both. It is important that we talk to the same people as before and so we have contacted you to ask for your help again on this occasion. You were originally chosen because of where you lived when the study first started in 1986/7.

What Will Be Involved?

You will be asked some questions about your health, living and working circumstances now and since we last spoke to you by one of our nurses. The nurse would also like to measure your pulse, blood pressure, height, weight, hip and waist circumference and lung function. You may decline to answer any questions you do not wish to or to have any physical measurements taken.

What Happens Now?

A qualified nurse who is one of our interviewing team will contact you to arrange a suitable time and place to conduct the interview.

What Happens After the Interview?

The information you give will be analysed along with that which has been collected in previous sweeps of this study. All the information will be anonymized and no one will be able to identify you or link you to any information you may give. This is a follow-up study and we will be applying for more funding to continue our work. Should this funding be granted we will contact you again in a few years time. A small number of people may be asked if they are willing to take part in other studies of interest to the researchers. You are free to decline to take part in any further studies and refusal to do so will not exclude you from continuing to participate in the main Twenty-07 study.

Thank you for taking the time to read this information. We hope you will be able to assist us with this study as you have done in the past. Should you require any further information please contact Hilary Davison, Survey Manager on 0141 -357- 3949