**Coping strategies of displaced Ukrainians in Glasgow: A qualitative study**

**Interview Topic Guide v2 16.04.2023**

1. **General information**
   1. Can you introduce yourself?

Prompt: Ask how long they have been in the UK and in Glasgow.

Where are they living?

Are they here with others?

* 1. Why have you decided to take part in this interview?

1. **Experiences of coming to Glasgow**
   1. Can you tell me about coming to the UK and to Glasgow?

Prompt: Did you choose to come to the UK – if yes, why.

Did you choose to come to Glasgow?

* 1. How are you finding living in Glasgow?

Prompt: What is good; What is not good?

* 1. Overall, how do you feel? Do you feel better now than when you first arrived?

1. **Coping strategies, facilitators, and barriers to coping**
   1. What helps you to feel better? (Probe response)

Prompt: Any particular activities; use of community organisations/groups; any other services?

* 1. What else helps?

Prompt: Contact with home?

* 1. What helps you to do these activities more often or enjoy them more? What stops you from doing them?
  2. How has the list (or effectiveness) of these helping activities changed during the last year?

1. **Experience of psychosocial services use**
   1. Are there any services or activities in Glasgow that help you feel better?

Prompt: What did you like about them; Which services you could not find or receive; Did someone put you in touch with these?

* 1. Which psychological support services have you used since February 24, 2022, if any? Prompt: What is good about it; What is not good.
  2. What would be the main things that would encourage you to use psychological services, support groups, or community-based activities here in Glasgow?
  3. What would stop you from using them?
  4. How do you think people should be informed about such services?

Prompt: How do you usually find information about services or activities?

* 1. How do you think you personally have changed during this year?
  2. What are your hopes and expectations?

5. Anything that you would like to add or that we have not discussed?